



October 2003 Issue

...WELCOME...YOUKOSO...BIENVENIDOS...VELKOMMEN...VITEJTE...
SOO-DHAWAADA...BONVENON...WITAMY...BENVINGUTS...CHAO
MUNG...TERVETULOA...BEM-VINDOS...MERHVA VIKON...LAIPNI
LUDZAM...MALIGAYANG...DOBRO NAM DOS...HOS GELDINIZ...BAGA
NAGAYAAN DUFTAN...SVEIKINAM AT VYKUS...WALKOMMEN...

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Happy Birthday!!!

...This month is full of parties.

Here is the list of the countries that celebrate their national day this month...

November 1 Algeria
November 2 Bahrain
November 3 Panama
November 7 Ecuador
November 9 Cambodia
November 14 Palestine

November 15 Brazil, Belgium
November 18 Oman, Latvia
November 19 Monaco
November 22 Lebanon
November 25 Suriname
November 28 Mauritania
November 29 Albania
November 30 Barbados

Right on!

Last October 30th and 31st, The Calgary Multicultural Centre had the opportunity to host at the Casino Calgary. Today, the Centre wants to take this opportunity to thank all the volunteers that made this event possible. Thanks to their

commitment, hard work, dedication, participation, and support the CMC is able to continue with its mission of promoting multicultural awareness and unity between communities by recognizing the value of cultural diversity in Calgary.

Capacity Building Workshops

As part of a series of ongoing workshops, The Calgary Multicultural Centre is holding its fifth workshop on November 19th. This time, it will cover 'Basic Volunteer Management'. This workshop will be an amazing opportunity for your group to understand the different aspects of volunteering and it also will help you to obtain the level of knowledge required to work with volunteers effectively. It is our

goal that these workshops will open new doors for different cultural and community organizations around the city of Calgary. For more information call 237-5850 or fax the registration form over to Yholima Vargas at 234-7132. A survey is being sent out to all cultural and mainstream organizations for your feedback on Workshops 2004. Please stay tuned for this important survey.

November is the Native American Awareness Month

is to honour and recognize all Native, Indigenous, and Aboriginal peoples in the world

October 23-November 4 Honens International Piano Competition

October 29- November 3 Banff Mountain Film Festival

October 31- November 2 Calgary Wood Working & Tolls Show – Big Four Building- Stampede Park

October 31- November 3 Ski Fest Show & Sale – Roundup Centre – Stampede Park.

November 1 Junior League of Calgary Fair

November 1 Halloween Monster Mash At the Tower. At the top of the Calgary Tower.

November 1-2 Calgary Pet Expo Roundup Centre – Stampede Park

November 1-2 Calgary Philharmonic Orchestra.- Jack Singer Concert Hall

November 2- Ski fest Show &





November is Epilepsy Education Month

November 2 Calgary Woodworking & Toll Show

November 3 Concertante - University theatre.

November 5 Career Journey Forum for Immigrants- At Fort Calgary Historic Park

November 5-7 Banff Mountain Book Festival. At Banff Centre Box Office.

November 6 International Day for preventing the Exploitation of the Environment in Arm Conflict – **UN**

November 7 Calgary Winter Antique Show – At Roundup Centre Stampede Park

November 7 4th Honens International Piano Competition

November 7-8 Christmas Craft Sale – At Remington –Alb. Carriage Centre

November 7-9 Calgary Winter Antique Show

November 12 Just for laughs Comedy Tour – At the Jubilee Auditorium

Volunteer Opportunities

Community Service Resource Assistant

The candidate will be researching and compiling information of different community services in Calgary and surrounding area.

Language Conversation Facilitator
The candidate will facilitate conversation groups in the designated language, develop lessons plans and activities, assess student performance, and provide feedback.

International Cultural Research Assistant

The candidate will be researching and compiling information on cultures and societies around the world.

Newsletter Assistant
The candidate will assist in the production of the Centre's monthly newsletter.

If you are interested in any of these opportunities, call Lily Phan at 237- 5850.

Traditional Central & South East Asian Clothing

The Calgary Multicultural Centre is offering traditional clothing from Central and South East Asia. Good quality clothing, sneakers, and sandals for women, men, and children over 5 years of age. Please call 237-5850 to book an appointment between Nov. 4 and Nov. 7, 2003 to get a first chance to see these clothing.

Girls Cultural Club

The Calgary Immigrant Women's Association will be offering an after school program called Girls Cultural Club at the Beltline Youth Centre, located at 221-12 Ave SW. This program will take place every Wednesday starting Nov. 5th and will run until June 15th, 2004 from 4:00- 5:30 p.m. For further information call Cynthia or Denise at 517-8830.



Did you know that...

- In Japan, Watermelons are also available squared. It's easier to stack them that way.
- In Canada it is illegal to pay for a fifty-cent item with only pennies.





November 2-8 Canada Career Week

November 14 Artisan Fair 2003 –
At the South Calgary Community
Association

November 15-16 Calgary
Philharmonic Orchestra- At Jack
Singer Hall

November 15 -Dec. 21 12 Days
of Christmas- At Heritage Park

November 20 Universal
Children's Day- **UN**

November 20-23 Art Market
& Craft Show- At TELUS
Convention Centre

November 20-30 Funny Fest
Christmas Comedy Special – At
the Sheraton Suites Eau Claire

November 21-23 International
Christmas Market – At spruce
Meadows

November 22 Santa Claus Parade
– Down 9th Avenue.

November 23-29 Hansel &
Gretel- Jubilee Auditorium.

The Canadian Diabetes Association's Alberta Monitoring For Health (AMFH) Program

Since the cost of diabetes is relatively high, The Alberta Monitoring for Health has created a program providing access to limited funding to cover a portion of the cost of diabetes supplies to those who suffer from this serious illness. To learn more about the eligibility requirements and obtain the registration form, come to our office at 835, 8 Ave SW or contact the AMFH Program at www.diabete.ca or call them at 423-2634 or 1-800-267-7532.

We always welcome feedback on our Newsletter and would be happy to hear from you on your thoughts on it...

In addition, we offer you the opportunity to place information in our Newsletter. You may have information on upcoming events, programs that may be of interest to newcomers as well as to cultural organizations. You also may have some cultural background interest on a country or your heritage which you may wish to share with others e.g. festivals, religious holidays, why certain festivals are celebrated, history relating to them etc. We would certainly welcome and consider any articles which you feel would be appropriate for our newsletter.

Please feel free to forward your comments and/or articles to cmcres@calcna.ab.ca.

Tibetan Bazaar

The Tibetan Community of Alberta is hosting its 3rd annual Tibetan Bazaar on Nov. 22nd from 10:00 am -5:30 pm. There will be musical and dance performances at 1:00 pm. Some of the items available will include Tibetan Food, carpets, clothing, and jewellery at reasonable prices just in time for Christmas! For further information contact Dolma Dejikhangsar at 284-7379.

Adults: \$2.00

Children (under 12) free

Westgate Community Hall (4943- 8 Ave S.W.)

Shrimp Dip

- 1 can cream of shrimp soup
- 1(8oz.) pkg. cream cheese
- 1tsp. lemon juice
- Dash garlic powder
- Dash paprika
- 1 can small shrimp

Mix cream cheese and can of shrimp soup; add the rest of the ingredients and chill. Serve with large Fritos.



Profile Corner

Every month the CMC profiles its volunteers as we value their priceless work and dedication. For this month, we have chosen Archie Adams

November is the National Native American Heritage Month

November 22 Venezuelan Canadian Association of Calgary Christmas Party – At Calgary South Community Association

November 22 Tibetan Bazaar– Westgate Community Hall

November 22-28 Romeo & Juliet Calgary Opera – At the Jubilee Auditorium

November 25 International Day for Elimination of Violence against Women – UN

November 25 Eid-UI-Fitr- End of Ramadan fast

November 25 Guru Teg Bahadur

November 28 Canadian Aboriginal festival.

November 28-30 Festival of Trees- At TELUS Convention Centre

November 29 International Day of Solidarity with Palestinian people

November 29- January 3 Airdrie Festival of Lights- City of Airdrie

Archie Adams is from Accra, Ghana, West Africa. He has been in Calgary since 1976.

He is the past President of The Ghanaian Canadian Association. Since 1984, Mr Adams has been a crucial part of the Calgary Multicultural Centre. He has held almost all the positions on the Executive from Secretary, Treasurer, and Vice President to President for 4 years.

Archie worked for Wire Rope Industries for 27 years until the company closed down. He is currently working at Titan Supplies Inc. He is an active member of the Afrikaday Presentation of which he is one of the founding members. Archie loves to sing. Some of the groups he has been involved with are Calgary Choral Society, C.P.O. Choral Member of All Saint Anglican Church Choir, and Echoes of Africa on Acapella group. Last year at the G8 Summit, he was fortunate to be invited for a reception with U.N. Secretary General Kofi Annan and Her majesty's 50th Commemoration Medal Award.



THANK YOU!!!

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